Rock Chapel, a 72-hectare nature sanctuary located on the Flamborough-Dundas municipal boundary along the Niagara Escarpment, is part of the Niagara Escarpment UNESCO World Biosphere Reserve. This south-facing forested habitat features Borer’s Falls and the escarpment valley. The escarpment and its wooded areas are home to a diverse range of rare and uncommon plants and birds. The escarpment edge supports a rare eastern white cedar old growth forest community. The Province of Ontario has listed Borer’s Falls-Rock Chapel as an Area of Natural and Scientific Interest (ANSI). It is also listed as an Environmentally Sensitive Area (ESA) within the Hamilton Region. Berry Tract lies to the east of Rock Chapel and is also part of the Niagara Escarpment UNESCO World Biosphere Reserve. This area has more than 30 hectares of gently rolling topography and vegetation in various stages of secondary succession dominated by shrubs, small trees and grasses. Berry Tract is part of an Environmentally Sensitive Area (ESA) within the Hamilton Region. The Bruce Trail runs through Rock Chapel and Berry Tract.