

# Rock Garden Café Menu

## STARTERS & SALADS

### Chef's Special Soup **\$6.50**

Harvest time leaves the door wide open on soup creations. Chef uses the finest ingredients for our special soups. Ask your server for today's feature.

### Garden Salad **\$13**

Field Greens tossed with sliced English cucumber, grape tomatoes, julienne red onion, carrot ribbons, dried fruit with honey balsamic dressing.

### Rainbow Beet Salad **\$14.75**

An array of colourful sliced beets served atop baby arugula with pumpkin seeds, mixed nuts and goats cheese in a local honey vinaigrette dressing.

Add pulled chicken breast to your salad - \$7

## FLATBREADS

### Mixed Vegetable Flatbread **\$15**

A medley of mixed veggies, fresh thyme, pea tenders & blue cheese aioli on roasted garlic flatbread.

### Pulled Chicken Flatbread **\$16.50**

Roasted pulled chicken in adobo sauce, caramelized onions, smoked cheddar, chopped lettuce, fresh pico de Gallo, cilantro crème.

### Grilled Peach Flatbread **\$15.50**

Grilled Ontario Peach, goat's cheese, crispy pancetta, crushed pistachios, balsamic glaze.

Our flatbread is made in house by our talented chefs!  
All flatbreads served with small garden salad.

## FEATURES

### Feature Sandwich

Chef's special creations, ask your server for details

### Chef's Seasonal Feature

Choose from a selection of seasonal favourites such as:

Apple Stuffed Pork Loin with roasted fingerling potatoes, braised fennel and pan jus

Braised Brisket of Beef with Yorkshire pudding, mashed potato, creamed spinach

Turkey Roulade with savory bread pudding, honey glazed carrots, roasted parsnips

Meatloaf with sweet potato puree, roasted butternut squash and charred corn

Specials change daily. One Seasonal Feature and Sandwich Feature available daily. Please ask your server.

Menu subject to change based on market conditions.  
PRICES SUBJECT TO APPLICABLE TAXES

## DESSERTS

### Seasonal Fruit Tart — Mix berry **\$6.00**

### Chef's Fresh Baked Scone & Preserves **\$6.00**

## KIDS MENU

### Mac and Cheese with Bacon **\$10**

Fresh pasta in house-made creamy cheese sauce.

### Grilled Cheese with Kettle Chips **\$8**

Three cheese grilled sandwich served with kettle chips.

### Pepperoni and Cheese Pizza **\$10**

Zesty pepperoni and mozzarella cheese with house-made tomato sauce.

## BEVERAGES

### Assortment of soft drinks, fruit juices, lemonade, sparkling water **\$3**

### Coffee and Tea **\$3**

### Niagara VQA wine **6oz glass \$7.50**

Ask our team about our local wine selections all VQA **750ml bottle \$33**

### Local Craft Beer **473ml can \$7.50**

Ask our team about our selection of local brewed favourites

### Other Bottled Beer & Cider

Molson Canadian **341ml can \$6**

Coors Light **341ml can \$6**

Rood Apple Cider **473ml can \$8**

Corona Extra **330ml can \$7.50**

Heineken **330ml can \$7.50**

At Royal Botanical Gardens, we believe in being stewards of our environment and being partners in our community. We source local products (including our gardens), partner with local farms and dairies as well as use eco-friendly, sustainable products throughout the facility and grounds.

We ask that you join us in the goal of preserving and enhancing the beauty of our environment by utilizing the recycle stations located throughout Royal Botanical Gardens.

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