RBG Experiences

COURSE CALENDAR — November 2020 to February 2021

GARDENING  Health & Wellness  Green Living
BOTANICAL ARTS & CRAFTS  Nature Lovers  HIKING
Canoeing  Family  SPECIAL EVENTS  Learn by Doing!
Sustainable Living  Environmental Education  Sense-ational

Let your mind grow
EDUCATION MISSION:
Education at Royal Botanical Gardens encourages environmental stewardship by providing meaningful and diverse learning experiences that connect people with the wild and cultivated plant world and help them to understand the crucial role that plants play in sustaining and enhancing our lives and the environment.

CONTACT US:
1-800-694-4769; 905-527-1158, ext. 270

RBG is committed to providing exceptional and accessible service to our visitors — our programs are designed to be inclusive. Please contact our Program Coordinator at 905-527-1158, ext. 510 to discuss specific program requirements, and we will do our best to accommodate you.

Royal Botanical Gardens is dedicated to offering lifelong learning opportunities that relate to our mandate, including programs that help people move towards a greener lifestyle.

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Virtual Tea Festival
November 24 to 28, 2020
Two talks each day at 12:15 and 7 p.m.
Join us for RBG’s Tea Festival from home through a series of engaging, virtual presentations over five days. We explore the botanical, historical and culinary aspects of tea, and learn to enjoy all things that teas and tisanes have to offer. Full schedule and tickets available online.

Virtual Speaker Series
See page 4.

For updates, details, pricing, menu, reservations and ticket purchase, visit

rbg.ca/events
Enter the rainforest and hang out with a real two-toed sloth!

Take a peek Under the Canopy of the world’s major rainforests, meet some of the animals who call these places home, and find out how your life connects to rainforest ecosystems.

January 16 to April 5, 2021; RBG Centre
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<th>COURSES &amp; WORKSHOPS</th>
<th>Speakers Series</th>
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<tr>
<td><strong>HOW FOREST DYNAMICS SHAPE THE BIODIVERSITY OF B.C.’S COASTAL TEMPERATE RAINFOREST</strong>&lt;br&gt;Thursday, January 21;&lt;br&gt;7 to 8:30 p.m.; via Zoom.&lt;br&gt;Fee: $18 (Members: $6)&lt;br&gt;MAXIMUM 200.&lt;br&gt;PRE-REGISTER BY JANUARY 11.</td>
<td>Virtual. Barbara Beasley, biologist, Wetland Stewards for Clayoquot &amp; Barkley Sounds, lives in Canada’s beautiful rainforest on the west coast of Vancouver Island. This talk describes the forest dynamics that create conditions in which many species thrive. Barb tells her story by providing examples of the forest habitats needed by three charismatic species: Black Bears, Marbled Murrelets and Wandering Salamanders. Yes, Wandering Salamanders are charismatic and their survival depends on the dynamic processes happening in the coastal temperate rainforest! This talk connects to our winter exhibit, <em>Under the Canopy</em>.</td>
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<td><strong>PLANET MADAGASCAR</strong>&lt;br&gt;Thursday, February 18;&lt;br&gt;7 to 8:30 p.m.; via Zoom.&lt;br&gt;Fee: $18 (Members: $6)&lt;br&gt;MAXIMUM 200.&lt;br&gt;PRE-REGISTER BY FEBRUARY 8.</td>
<td>Virtual. Join Travis Steffens, assistant professor in the Department of Sociology &amp; Anthropology at the University of Guelph, regional director of the Explorers Club, and founding executive director of Planet Madagascar, for an engaging talk. Madagascar is the most singular place in the world. Separated from the mainland of Africa for over 80 million years, Madagascar has been an evolutionary experiment on steroids. From leaping lemurs to strange leaf-tailed geckos and web-throwing spiders, find out what else makes Madagascar so cool. This talk connects to our winter exhibit, <em>Under the Canopy</em>.</td>
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<td><strong>BRIDGING TRADITIONAL KNOWLEDGE AND WESTERN SCIENCE</strong>&lt;br&gt;Thursday, March 18;&lt;br&gt;7 to 8:30 p.m.; via Zoom.&lt;br&gt;Fee: FREE&lt;br&gt;Maximum 350.&lt;br&gt;Pre-register by February 8</td>
<td>The 8th Patrick Colgan Memorial Lecture. Virtual. Although historically separate, fields of western science and traditional knowledge are now often drawn together to better manage and restore ecosystems, and share understandings of nature. Join moderator Dr. Faisal Moola, associate professor, University of Guelph’s Department of Geography, Environment &amp; Geomatics, and Indigenous ecologists as they discuss how studying ecology and restoring nature through traditional and scientific lenses can build bridges and support cultural diversity.</td>
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<td><strong>LOCAL AUTHOR</strong>&lt;br&gt;GARDENING YOUR FRONT YARD: PROJECT IDEAS FOR BIG AND SMALL SPACES&lt;br&gt;Thursday, April 15;&lt;br&gt;7 to 8:30 p.m.; via Zoom.&lt;br&gt;Fee: $18 (Members: $6)&lt;br&gt;Maximum 200.&lt;br&gt;Pre-register by April 5.</td>
<td>Virtual. Learn from Tara Nolan, an author and SavvyGardening.com writer, how to turn your front yard into a beautiful and thriving garden and landscape. Her new book, <em>Gardening Your Front Yard</em>, is an active and inspiring resource filled with unique DIY building ideas, ways to troubleshoot common pitfalls, how to select the right plants for small but highly visible areas, and expertise galore. Join us to learn how to convert a bland grass-scape into a vital living space for all.</td>
</tr>
</tbody>
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**SCENT SENSITIVITIES** Visit our gardens for some magnificent scents. However, when attending programs kindly refrain from wearing scented products as some individuals are very sensitive to them.

**VIRTUAL EXPERIENCES** During these unprecedented times RBG is happy to be able to offer virtual experiences so that you can learn from the comfort of your own home. For up-to-date program offerings, follow us at rbg.ca/programs.

All courses are subject to applicable taxes and fees.
**MEMBER BENEFITS**
RBG members receive a 10% discount off the listed fee for eligible programs. Dual and Dual-Plus members receive up to four discounted spots per program. Refer to program descriptions for discount eligibility.

All courses require pre-registration. BOOK YOUR SPOT TODAY!

**COURSES & WORKSHOPS**

**HOW NOT TO KILL YOUR HOUSEPLANTS**
Tuesday, December 15; 7 to 8 p.m.; via Zoom.
Fee: $15 (M 10% off)
MAXIMUM 30. PRE-REGISTER BY DECEMBER 5.

**GARDEN BONES**
Wednesdays, February 17, 24; 6 to 9 p.m. at RBG Centre.
Fee: $99 (M 10% off)
MAXIMUM 20. PRE-REGISTER BY FEBRUARY 7.

**HYDROPONICS & GARDENING WITHOUT SOIL**
Saturday, March 13; 9 a.m. to 3 p.m. at RBG Centre.
Fee: $120 (M 10% off)
MAXIMUM 20. PRE-REGISTER BY MARCH 3.

**ART OF BONSAI**
Tuesdays, March 16, 23, 30, April 6, 13, 20; 6 to 9 p.m. at RBG Centre.
Fee: $350 (M 10% off)
MAXIMUM 20.
PRE-REGISTER BY MARCH 6.

**GARDEN PESTS & HOW TO SPOT THEM**
Saturday, March 27; 9 a.m. to 3 p.m. at RBG Centre.
Fee: $99 (M 10% off)
MAXIMUM 20.
PRE-REGISTER BY MARCH 17.

**LANDSCAPE FOR LIFE™**
Wednesdays, March 24, 31, April 7, 14, 21, 28; 7 to 8:30 p.m.; via Zoom.
Fee: $120 for 6 classes (M 10% off)
MAXIMUM 45.
PRE-REGISTER BY MARCH 14
Ask the Experts: May 5; 7 to 8 p.m.
$15 add-on for class participants only (code to be provided)

**LANDSCAPE FOR LIFE™ Virtual**
Developed by the US Botanic Garden and Lady Bird Johnson Wildflower Center, Landscape for Life is based on the principles of the Sustainable Sites Initiative. Conventional gardens often work against nature but with a few guidelines and informed decisions, you can have a healthier, more beautiful garden for your family, pets and the environment. In this six-part course, Charlie Briggs and special guests Barb McKeen and Karin Davidson-Taylor, outline soil, water, plants and their impact on human and environmental health with plenty of advice on gardening practices.
1. Sustainability in Home Gardens
2. The Role of Soils in Sustainable Gardens
3. The Role of Water in Sustainable Gardens
4. The Role of Plants in Sustainable Gardens
5. Selecting Materials for Sustainable Gardens
6. Wrap up and Review of Existing Sustainable Gardens

**MASTER YOUR GARDEN**

Virtual. As we cozy up with our indoor plant pals for the winter, join Plant Baby Studio’s Jenny Morris to learn all the best methods of caring for your houseplants at home. From tropicaus to succulents, learn the preferred soil, container, nutritional, and lighting needs to turn your black thumb into a green thumb and keep your plant babies thriving all winter long.

The non-living structures in a garden can be as important as the plants themselves. With Candy Venning, discuss, draw and learn to incorporate different built elements such as tuteurs, arbours, gabions, pergolas, sculpture and more, to add privacy, scale and year-round interest. Partner:

Leon Martin introduces the living art of bonsai and presents the history, development, styling and care of bonsai, for indoor/outdoor garden pots and for in-ground trees and shrubbery. You pot your own bonsai. Some materials included. Partner:

During this six-hour workshop, Fred Prescod introduces the student to the most common garden pests in Ontario and provide tips for identifying and managing them. Partner:

Leon Martin introduces the living art of bonsai and presents the history, development, styling and care of bonsai, for indoor/outdoor garden pots and for in-ground trees and shrubbery. You pot your own bonsai. Some materials included. Partner:

**Register**
rbg.ca/publicprograms
COURSES & WORKSHOPS

Winter 2020/2021

RBG EXPERIENCES

Fee: $20 per class (M 10% off)
Various RBG locations, 9 to 11:30 a.m.
e-mailed after registration.
a few days prior to the hike and
conditions. Location determined
and sometimes treacherous
home through precarious

into The Wild

WINTER TREE ID:
TWIGS FOR BEGINNERS
Saturday, January 23;
2 to 4 p.m. at the Arboretum.
Fee: $25 (M 10% off)

Meet at the Arboretum Picnic Pavilion. From pointed tips to bulbous buds, the twigs of sleeping trees tell us a story of their own if we know how to read them! Join RBG’s Nadia Cavallin at the Arboretum to learn all about the characteristics of winter twigs that make it possible to identify various tree species after they’ve shed their leaves. Inclement weather date: January 24

ADVANCED WINTER TREE ID
Saturday, February 20;
1 to 4 p.m. at the Arboretum.
Fee: $25 (M 10% off)
MAXIMUM 12. PRE-REGISTER BY FEBRUARY 10.

Meet at the Arboretum Picnic Pavilion. Review the basics of winter tree ID and expand on the number of trees you’re able to identify by their winter characteristics. From shape, bark, twig and habitat, RBG’s Nadia Cavallin guides your hike to dive deeper into winter tree identification as you practice on the trails of the Arboretum. Bring your questions! Inclement weather date: February 21.

VOICES OF BIRDS:
SETTLING INTO WINTER
Thursday, January 14; 7 to 8:30 p.m.
via Zoom.; and Saturday, January 16;
9 to 11 a.m. OR 1 to 3 p.m.
at the Arboretum.
Fee: $35 (M 10% off)
MAXIMUM 24.
PRE-REGISTER BY JANUARY 4.

Meet the Arboretum Picnic Pavilion. Join Nadia Cavallin and Charlie Briggs and learn to identify and differentiate the most common conifer plant types by leaf, cones and form. Explore the preferred habitat and growing conditions of conifers found and used locally and learn about the varieties introduced by the horticultural industry that can be used in home landscapes. Inclement weather date: December 12

INTRO TO CONIFERS 
AND CULTIVARS
Saturday, December 5;
10 a.m. to 12:30 p.m.
at the Arboretum.
Fee: $25 (M 10% off)
MAXIMUM 24. PRE-REGISTER BY NOVEMBER 25.

Meet at the Arboretum Picnic Pavilion. Join Nadia Cavallin and Charlie Briggs to learn all about the varieties introduced by the horticultural industry that can be used in home landscapes. Inclement weather date: December 12

BARK FOR BEGINNERS
Saturday, January 23;
10 a.m. to noon at the Arboretum.
Fee: $25 (M 10% off)

Meet at the Arboretum Picnic Pavilion. Without leaves, identifying trees in the winter months can be a challenge! Join RBG’s Nadia Cavallin to explore the sleeping trees of the Arboretum by their bark! Learn new language for describing tree bark, what to look for when describing the unique characteristics between species, then practice your skills with an expert! Inclement weather date: January 24

WORKSHOPS — IDENTIFY TREES

If you are registered for an outdoor program and the weather looks threatening, you are notified via email/phone at least two hours before program start time in the event of program postponement or cancellation. Our Program Update Line, 905-527-1158, ext. 404, is updated at least two hours before program start time.

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## COURSES & WORKSHOPS

### HOLIDAY MAGIC
**Tuesday, December 1; 7 to 9 p.m.; via Zoom.**
Fee: $65 (M 10% off)
MAXIMUM 50.
PRE-REGISTER BY NOVEMBER 17.

Virtual. Make your own fresh evergreen table centrepiece this holiday season with Beth Carver and Sandy Bailey, at home! This year’s asymmetric design features candles, beautiful cinnamon-backed magnolia leaves and accents of berries, pinecones and twigs. Materials required: scissors, table, a computer or tablet with internet, and the holiday spirit!

**Kit pick up:** Sunday, November 29 — A timeslot for kit pick-up is emailed to you after registration.

### WATERCOLOUR
**Wednesdays, January 20 to March 10; 1 to 3:30 p.m. at RBG Centre.**
Fee: $175 (M 10% off)
MAXIMUM 15.
PRE-REGISTER BY JANUARY 3.

Virtual. Artist Shelley Prior explains the process and demonstrates techniques for painting a variety of subjects such as animals, flowers, landscape, still life and more. Let RBG inspire your creativity, improve your skills, and discover the beauty of watercolour painting during this 8-week session. Suitable for intermediate painters. A supply list is provided prior to program start date. If necessary, this class may be moved to a virtual format via Zoom.

### WATERCOLOUR WEEKEND WORKSHOP
**Saturday and Sunday, February 20 and 21; 9 a.m. to 4 p.m. at RBG Centre.**
Fee: $135 with lunch, $110 without lunch (M 10% off)
MAXIMUM 15.
PRE-REGISTER BY FEBRUARY 10.

Join artist Julie Donec for a two-day watercolour workshop for intermediate painters interested in expanding their skills. Learn techniques that help create expressive images filled with atmosphere and light while developing your own unique style. Daily demonstrations on a variety of subjects and one-on-one guidance offered in an informal atmosphere. Bring your watercolour skills to the next level in this creative and fun weekend class.

### BLACK AND WHITE PHOTOGRAPHY
**Thursday, January 14; 7 to 8 p.m. via Zoom.**
Fee: $50 (M 10% off)
MAXIMUM 15.
PRE-REGISTER BY JANUARY 4.

Virtual. Join Matthew Tiegs for a three-hour workshop exploring black and white photography — settings, exposure, composition and learning to “see” in black and white to get stronger images. Learn through a one-hour lecture via Zoom followed by an opportunity to get outside, shoot and practice your own skills. Please dress for the weather.

### NIGHT PHOTOGRAPHY
**Tuesday, March 30; 7 to 10 p.m. at the Nature Centre.**
Fee: $50 (M 10% off)
MAXIMUM 15.
PRE-REGISTER BY MARCH 20.

Virtual. Night photography can give you a very different effect than a daytime photograph. Matthew Tiegs teaches you the tricks to get proper exposure for taking photos at night. Class begins indoors and then we go outside to take pictures. Please dress for the weather.

### NEEDLE FELT A FLYING CARDINAL
**Saturday, February 13; 1 to 4 p.m; via Zoom.**
Fee: $65 (M 10% off)
MAXIMUM 20.
PRE-REGISTER BY FEBRUARY 3.

Virtual. Let’s celebrate Winter by needle felting this spectacular Cardinal in flight with Cathy Disbrow of Wooley Doodles. Using a pipe cleaner, learn how to create a beak and wrap wool around it to create the core shape. Learn to attach wool locks for wings and a nylon cord so you can let your bird sway in the breeze. Materials provided and available for pick-up at RBG Centre. Details emailed after registration.
HATHA YOGA AT HOME
Thursdays, November 19, 26, December 3, 10, 17; noon to 1 p.m.; via Zoom.
Fee: $70 or $15/class (M 10% off)
MAXIMUM 25. PRE-REGISTER BY NOVEMBER 9.
Virtual. In this 60-minute class, Lynn Mighton guides you through poses and movements that use awareness of body and breath to cultivate flexibility, strength and balance. A perfect way to re-set part way through your day! All levels welcome.

RESTORATIVE YOGA
Tuesday, December 1; 10 to 11:30 a.m., via Zoom.
Fee: $15 (M 10% off)
MAXIMUM 25. PRE-REGISTER BY NOVEMBER 21.
Virtual. Restorative yoga is a gentle practice, requiring little to no physical effort as you move through supported poses to find stillness and relaxation guided by Jackie Gaulton. This practice reduces the physical and emotional impact of stress and anxiety, promotes deep sleep, calms the sympathetic nervous system, supports healing and overall wellness. A list of needed props, all readily found in your home, is emailed after registration.

RESTORATIVE YOGA & YOGA NIDRA
Thursday, January 21; 7 to 8:30 p.m., via Zoom.
Fee: $15 (M 10% off)
MAXIMUM 25. PRE-REGISTER BY JANUARY 11.
Virtual. Restorative Yoga is a deeply relaxing practice where students are guided by Lynn Mighton through gentle poses using props found around the house such as blankets, and cushions. Each pose is held longer allowing for the release of tension and to help restore balance to the body-mind-spirit. The practice ends in a final pose of comfort and a guided Yoga Nidra relaxation. Support your immune system, sleep better, rest deeply, improve your overall sense of wellbeing.

BEGINNER’S YOGA
Mondays, January 25, February 1, 8, 22, March 1, 8, 22, 29; 10:30 a.m. to noon, via Zoom.
Fee: $112 or $15/class (M 10% off)
MAXIMUM 25. PRE-REGISTER BY JANUARY 15 OR 10 DAYS IN ADVANCE.
Virtual. Claudia Laurat focuses on breathing and gentle poses for the beginner yogi. Please wear loose, comfortable clothing. You'll need a yoga mat, yoga strap or tie, blocks, and towel or blanket for knees are optional. Sign up for all eight classes or individual classes.

YOGA AT THE GARDENS FROM HOME
Tuesdays, January 26, February 2, 9, 16, 23, March 2, 9, 23, 30; 5:30 to 6:45 p.m.; via Zoom.
Fee: $126 or $15/class (M 10% off)
MAXIMUM 25. PRE-REGISTER BY JANUARY 16 OR 10 DAYS IN ADVANCE.
Virtual. Louise Vien focuses on lengthening the spine, extending and opening the body, and quieting the mind through stretching poses, breathing, and grounding exercises. Suitable for all levels. Wear loose, comfortable clothing.

WINTER MINDFULNESS WALKS
Sundays, December 13, January 17, February 21, March 21; 10:30 to 11:30 a.m., location varies.
Fee: $20 per walk (M 10% off)
MAXIMUM 12. PRE-REGISTER 10 DAYS IN ADVANCE OF EACH DATE.
Outdoors. Lauren Anastasi, working with the philosophy of Zen Master Thich Nhat Hanh, guides you to focus on the physical experience of walking and to be aware of our thoughts, feelings and sensations, as well as commune with nature. This practice can help reduce stress and increase positive emotions. The class includes instruction and 45 minutes of walking at a relaxed pace. Meeting location is emailed prior to each class.
### Health and Wellness

#### WELCOME TO HORTICULTURAL THERAPY: PART 1
Tuesday, January 19;
7 to 8:30 p.m.; via Zoom.
Fee: $20 (M 10% off)
MAXIMUM 30.
PRE-REGISTER BY JANUARY 9.

**Virtual.** This presentation by Nancy Lee-Colibaba provides a comprehensive understanding of using plants and plant related activities to improve quality of life — mental and physical health. Goals for various health concerns and ways of effective programming to meet these goals are discussed with participants. This presentation is an informative spring-board to better understanding horticultural therapy.

#### EFFECTIVE SEASONAL HORTICULTURAL THERAPY PROJECTS: PART 2
Tuesday, February 2;
7 to 8:30 p.m.; via Zoom.
Fee: $20 (M 10% off)
MAXIMUM 30.
PRE-REGISTER BY JANUARY 23.

**Virtual.** Engaging clients and loved ones with plant-related activities is part of the effective way of improving mental and physical health. Nancy Lee-Colibaba takes you through the year with demonstrations of four season, inexpensive projects that provide many health benefits. The projects are done step-by-step and the therapeutic value is discussed. A handout of the projects is emailed after registration.

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### Interact and Ask Questions with Karin

#### PLANTS FOR DECEMBER HOLIDAYS
Wednesday, December 9;
7 to 8 p.m.; via Zoom.
Fee: $10
MAXIMUM 30. PRE-REGISTER BY JANUARY 29.

**Virtual.** Plants have played an important part in our winter celebrations for thousands of years. Join Karin Davidson-Taylor to discover the stories behind the use of these significant conifers and evergreens and how they have influenced our current December decorations. Follow along to make small door decoration with materials you supply: variety of 8-12” long fresh evergreen sprigs (pine, fir, spruce, or cedar), strong elastic band, red ribbon or string, and red berries or bells.

#### CHOCOLATE: FROM TREASURE TO TREAT
Wednesday, February 10;
7 to 8 p.m.; via Zoom.
Fee: $10
MAXIMUM 30. PRE-REGISTER BY JANUARY 31

**Virtual.** The Mayans and Aztecs valued chocolate as a connection to their gods and as currency. Today it is enjoyed as a treat all over the world. Join Karin Davidson-Taylor to discover the ecology of cacao tree and how it was traditionally grown, harvested and processed. Explore the chocolate that is enjoyed today and the discovery of this treat from seed to refinement. While participating in the program, why not have a few samples of your favourite chocolate!

#### AFTERNOON TEA & TALK
Third Tuesday of each month;
November through April;
2:30 to 3 p.m.; via Zoom and by phone — call in!
Fee: $5 per date
MAXIMUM 50. PRE-REGISTER 5 DAYS ADVANCE OF EACH DATE.

**Virtual.** Grab your cup of tea and join us on the third Tuesday of the month as we explore a new topic. From the comfort of home, learn about all things nature, cultivated and everything in between! RBG’s knowledgeable and experienced staff and special guests guide the way with an opportunity to share your wisdom too! Instructions to join are sent on the morning of the program.

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Register [rbg.ca/publicprograms](https://rbg.ca/publicprograms)
SAFETY of both our instructors and learners is our top priority. We have moved many of our programs online for this reason, but some are still taking place onsite. For onsite programs, masks must be worn at all times, indoors or out. Please physically distance from others, wash and sanitize your hands often, and stay home if you feel at all ill. Please visit https://www.rbg.ca/covid-19-policies-and-procedures.

REGISTRATION
Advance enrollment is required for all events with a registration fee. All program listed prices are subject to applicable taxes and fees. Full payment must accompany each registration. Online at: rbg.ca/publicprograms. In person: register at the Programs Booking Office (in Administration, RBG Centre) open 10 a.m. and 3 p.m. Monday to Friday, and may be subject to input wait times. By phone, please call 905-527-1158, ext. 270 (open Monday to Friday 10 a.m. to 3 p.m.). Telephone registrations require payment by VISA or MasterCard. RBG reserves the right to cancel any event for any reason including if the minimum number of registrants is not reached by registration deadline. Registrations may be accepted after the registration deadline provided the minimum registration number has already been reached.

MEMBERSHIP
RBG member discounts are applicable provided that registrations are received on or before the registration deadline and cannot be combined with others offers or discounts. The family membership category enables children to become active participants in all RBG family programs. Please visit our website at www.rbg.ca for membership information, or call 905-527-1158, ext. 514.

CANCELLATION, REFUNDS AND RECEIPTS
Up to ten days prior to a program start date or the indicated program registration deadline, all cancellations by registrants are subject to a 25% cancellation fee if a refund for that program/course/event is applicable. Check specific program descriptions for refund-excluded programs. No refunds of any kind are made after the registration deadline. Should RBG cancel a program, registrants are notified by phone or email, and refunds issued. It is vital that you supply phone numbers where we can reach you both daytime and in the evening or on weekends, directly or by recorded message. We do not accept responsibility for inconvenience caused to those we cannot contact, whatever the reason.

Weather cancellations: Call the Program Update Line at ext. 404. Most of our programs are offered rain or shine. In the event of severe weather some courses, especially outdoor workshops and guided walks, may be postponed or cancelled. If you are unsure about conditions on the day of your program, please call our Program Update Line at ext. 404. A message will be posted at least two hours before the program is due to start. It is your responsibility to verify that your program is being offered; though we try, we are not always able to reach participants.

LIABILITY
RBG assumes no responsibility for loss or damage to property, or for personal injury or mishap; all activities are at the risk of the participant. RBG reserves the right to change/cancel events should circumstances beyond our control arise.

Virtual Tea Festival
November 24 to 28; via Zoom
30-minute talk; 12:15 to 12:45 p.m.: $10 per talk
60-minute talk; 7 to 8 p.m.: $12 per talk
MEMBERS’ PRESALE. PRE-REGISTRATION REQUIRED.

Virtual. Join us for RBG’s Tea Festival from home through a series of engaging, virtual presentations over five days. We explore the botanical, historical and culinary aspects of tea, and learn to enjoy all things that teas and tisanes have to offer. Full schedule and tickets available online.

details and pre-register: call 905-527-1158, ext. 270 or online at rbg.ca/publicprograms
## COURSES & WORKSHOPS

All courses are subject to applicable taxes and fees.

### FAMILY FUN DAYS

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<th>COURSE</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Max.</th>
<th>Pre-Registration</th>
<th>Description</th>
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<tr>
<td>SURVIVAL OF THE FITTEST</td>
<td>Sunday, November 15</td>
<td>2 to 4 p.m.</td>
<td>Nature Centre</td>
<td>40</td>
<td>Nov. 5</td>
<td>Feel that cool breeze? Winter is coming! Spend an afternoon hiking the trails and learning some physical adaptations animals use to prepare for winter. Through games and activities, learn what it takes for animals to survive – find food and shelter as well as protect themselves from predators that might harm them.</td>
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<td>FAMILY SOLSTICE CELEBRATION</td>
<td>Saturday, December 19</td>
<td>6 to 8 p.m.</td>
<td>Nature Centre</td>
<td>40</td>
<td>Dec. 9</td>
<td>Come on a guided hike through the woods at night, and then join us by a roaring bonfire to welcome the sun back and share stories that explore the turning of the season. It’s the first day of winter and the shortest day of the year but after December 21, the days do begin to get longer.</td>
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<tr>
<td>SONGS OF NATURE</td>
<td>Saturday, January 30</td>
<td>2 to 4 p.m.</td>
<td>Nature Centre</td>
<td>40</td>
<td>Jan. 20</td>
<td>Come to the Arboretum and learn about our feathered and furry friends. Practice some bird songs and animal sounds with our staff, then go on a hike and try them out! Finish around the campfire with some songs of your own.</td>
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<td>BIRDS OF PREY</td>
<td>Saturday, February 20</td>
<td>2 to 4 p.m.</td>
<td>Nature Centre</td>
<td>24</td>
<td>Feb. 10</td>
<td>Did you know that Peregrine falcons are the fastest birds in the world? Or that Red-Tailed Hawk’s grip strength is 100 times stronger than ours? Or that owl ears are lopsided? Learn these facts and more as you join our staff on a nature walk at the Arboretum to learn about and search for birds of prey.</td>
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<tr>
<td>WHAT’S LIVING UNDER THERE?</td>
<td>Sunday, March 27</td>
<td>2 to 4 p.m.</td>
<td>Nature Centre</td>
<td>40</td>
<td>Mar. 17</td>
<td>Come on this outdoor hike and discover many interesting habitats in and around the Nature Centre. Pretend you are a rabbit and searching for a safe warm home. You’ll see things from an animal’s point of view.</td>
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</tbody>
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### OAKS & ACORNS NATURE PLAY

Move, create, and discover during our morning early-years programs for children and caregivers.

Held Monday, Wednesday, Friday and Saturday mornings behind the Nature Centre in our Nature Play Space, this nature-based program for 2-5 year-olds is designed to inspire a life-long love of nature and the outdoors. Explore the natural world together through nature walks, storytelling, imaginative and loose parts play, and hands-on discovery, with all programs modified for physical distancing.

**Check out many more programs online at rbg.ca**

If you are registered for an outdoor program and the weather looks threatening, you are notified via email/phone at least two hours before program start time in the event of program postponement or cancellation. Our Program Update Line, 905-527-1158, ext. 404, is updated at least two hours before program start time.
WINTER WONDERS
Discover the magic of nature and light.

NOV 18 TO JAN 3
HENDRIE PARK

Wednesdays–Sundays
Nov 18–Dec 23, 27–30, Jan 2–3
5 to 10 p.m.

We’re excited to ring in the holiday season with a brand-new outdoor experience!

Included in your membership.

rbg.ca
Winter Wonders guides visitors along Hendrie Park’s picturesque pathways adorned with charming festive lights, including seven magical displays that tell the stories of unique winter wonders!

Discover the origins of popular holiday traditions while strolling through our breathtaking garden to the rhythm of festive music and indulging in the warm tastes and fragrances of the holiday season.

Visitor safety remains a top priority during our Winter Wonders experience and we are making every effort to help ensure your visit is enjoyable, entertaining and, above all, safe. Masks are required when indoors at RBG and recommended when enjoying outdoor activities. Please visit rbg.ca for a full list of our COVID-19 safety policies and procedures.

DAYTIME ACTIVITIES AT THE GARDENS

Ride the RBG Express
Wednesdays to Sundays; November 18 to December 23, 27 to 30, Jan 2 and 3
11 a.m. to 2 p.m.; Hendrie Park
All aboard! Take a ride on the RBG Express through the winter beauty of Hendrie Park. The train is available for paid rides throughout the garden. Cars must be purchased in person; spaces are not guaranteed.
$5 per car for a maximum of 4 people per car

Discovery Activities
Daily; RBG Centre
Join us for a holiday edition of Discovery in the Gardens! Join our garden interpreters to learn about seasonal plants and other fun winter topics.

Shop @ the Gardens
Open daily, 10 a.m. to 5 p.m.; RBG Centre
(open until 10 p.m. Wednesday to Sunday)
Find unique gifts for every age! Offering a beautiful selection of merchandise as diverse as our gardens, Shop @ the Gardens features an ever-changing selection of unique items for that special gift. Many of our products showcase the talents of local artisans.

Mediterranean Garden & Seasonal Displays
Open daily, 10 a.m. to 5 p.m.; RBG Centre
Explore the plants of the Mediterranean climate and the Cacti and Succulent collection, PLUS the incredible seasonal display in the Breezeway. Don’t forget your camera!

Taste of the Gardens
Daily; 11 a.m. to 3 p.m.; RBG Centre
At the Greenhouse Café you’ll find fresh, seasonal ingredients on a new menu that incorporates local produce, meats and cheeses and features wines and craft brews exclusive to Ontario.

Reminder: Masks are required while enjoying indoor spaces.

Winter Hikes (self-guided)
Available Daily
RBG’s nature sanctuaries feature more than 27 km of nature trails in Burlington & Hamilton, with three major trailheads. Find your route with maps and more at rbg.ca/onthetrails.