

Prescribing Nature: What's the science behind park prescriptions?



Dr. Melissa Lem



Dr. Myles Sergeant



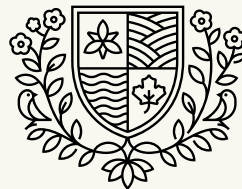
You are invited to join Dr. Melissa Lem, founder and director of PaRx, Canada's national nature prescription program in partnership with BC Parks Foundation, and local physician Dr. Myles Sergeant, founding medical director of the Shelter House Network, as we dive deep into the science of prescribing nature for health.

FREE with registration:
rbg.ca/Prescribing-nature

The ninth biennial
Patrick Colgan
Memorial Lecture

**Thursday,
March 23; 7 p.m.**

David Braley & Nancy
Gordon Rock Garden
1185 York Boulevard
Hamilton, ON L0R 2H9



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